16:Messenger E-4,5 (1955-1966) 1969 ER6 Rural Irish ER6
(1959-1960) Inis Beag

underclothing retained. The latter practice reflects extreme modesty as well as the need for warmth. Islanders have an obsessive fear of nakedness which permits them, after infancy, to bathe only their feet, hands, and face and precludes bathing in the sea and the use of bathtubs.

Crafts

Of the several crafts practiced in Inis Beag, only three are strictly income instead of combined subsistence-income activities: the manufacture of *curach* by four men, the mass production of stockings by four girls in the factory at the coast guard station, and the fashioning of miniature canoes by a single man. Sweaters, woven belts, cowhide shoes, and the small multi-colored shawls are made both for local wear and for export. Most of the exported sweaters are sold to a particular mainland firm for resale, as are all of the model canoes, and the factory is sponsored by Gaeltacht Eireann which markets the stockings produced. Other craft commodities are sold by the folk directly to consumers, most of whom are tourists.

The long rowing canoe of Inis Beag is distributed widely along the west coast of Ireland, from Cos. Donegal to Kerry, and its seaworthy qualities as well as the rowing skill of the crews which sail it are renowned. One of a number of varieties of the coracle, which has a heritage extending back to the Mesolithic, it is built of deal and oak lathes and covered with tarred canvas (see Fig 10). Before canvas was introduced, untanned seal, cow, and horse hides were used for covering, and these were reported from a nearby island less than 100 years ago. The *curach* is approximately 20 feet in length, has a high pointed nose, is round bellied and lacks a keel, draws less than 6 inches of water, and is rowed with narrow 10-feet-long oars. These oars are bladeless for use in rough seas and are pivoted on single tholepins rather than in oarlocks. The looms of the oars overlap, so that oarsmen must pull cross-handed, and on long journeys a lug sail is hoisted to relieve the crew. For the neophyte, rowing a *curach* cross-handed in a heavy sea can be even more abusive of the hands than rebuilding a gateway in a stone fence. Most canoes hold three men—are "three-oared"—but two-, four-, and even five-men *curach* were or are used. Loads up to a ton and a half can be accommodated, and trussed asses, sheep, and horses sometimes are transported in them.

Forty-two householders in Inis Beag own three-men canoes, among whom three have additional two-oared *curach*. The craft are stored upside down in "cots" on either side of the strand along the margins of the common land, although Terrace villagers use a small beach along the northeast coast of the island; they are carried between the cots and the water upside down on the shoulders of the crew, and in that position resemble gigantic beetles. Two Inis Beag men are at work building canoes most of the time, and when they are not busy at this task they construct furniture for local sale. Two other men manufacture *curach* occasionally, and another two who once built them have discontinued the practice. No canoe makers are found elsewhere in the region; therefore, Inis Beag artisans serve the